

精神醫學部 20 西病房，屬於管制性之精神科急性病房，於 1998 年成立，總床數為 26 床，主要收治個案以精神分裂症、雙極性情感性疾患、物質濫用、器質性精神病為主。住院期間為精神科醫療團隊共同照護，團隊成員包含：醫師、護理師、社工師、心理師、職能治療師、志工。

住院期間之護理照護模式為『全責護理』，落實以病人為中心之照護，維護精神病患住院權利。除了處理常規之醫療處置外，全責護理師也會考量住院病患之需求，例如社交退縮、自我照顧功能下降、人際互動障礙、作息紊亂、精神症狀干擾等問題，提供個別日常生活技巧輔導、服藥訓練、症狀應對技巧訓練。為了營造規律之生活作息，每日早晨全責護理師會陪同病患做早操活動；就寢時間也會撥放舒眠音樂，讓患者能放鬆入眠；此外全責護理師會帶領每週一次的『生活討論會』，促進住院病患人際互動；並定期舉辦家屬座談會，讓照顧者參與病患照護；每月會舉辦衛教團體，並依病患需求安排不同主題，增加患者對疾病的認識。

精神疾患的復原有賴長期的追蹤，全責護理師從住院第一天便與個案討論出院規劃，並視情況轉介社工師，以提供經濟援助與社會資源評估；或轉介居家護理師，提供社區訪視與送藥服務。

The 20 West Ward, Department of Psychiatry, is the control of acute psychiatric wards, was established in 1998, the total number of beds to 26 beds, primarily treated cases of schizophrenia, Bipolar disorder, substance abuse, organic mental illness based . Psychiatric hospital for the medical team to care, team members include: physicians, nurses, social worker, psychologists, occupational therapists, volunteers.

Nursing care during hospitalization mode - “Primary Nursing” for care, the implementation of patient-centered care, maintaining the right mental hospital patients. In addition to handling routine of medical treatment, the Primary Nurse will also consider the needs of hospitalized patients, such as social withdrawal, decreased self-care functions, interpersonal barriers and lifestyle is not normal, psychiatric symptoms interfere with other issues, daily living skills to provide individual counseling, Medication training, coping skills training in the symptoms. To create a regular daily routine of life, Primary Nurses will accompany the patient every morning to do morning exercise activities; will playback sleep bedtime music, so patients can relax to sleep; In addition, Primary Nurses will lead the weekly - life seminars groups, promote interaction hospitalized patients; and organized family conference, so that the families involved in patient care; health education groups will be held monthly, and arranged according to different themes patient needs to increase patient awareness of the disease.

Rehabilitation of mental illness depends on long-term tracking, the Primary Nurse from the hospital the first day will be discussed with the patient discharge planning and referral, as the case social worker, to provide economic assistance and social resources assessment; or referral to home care nurses, community visits With the delivery service.